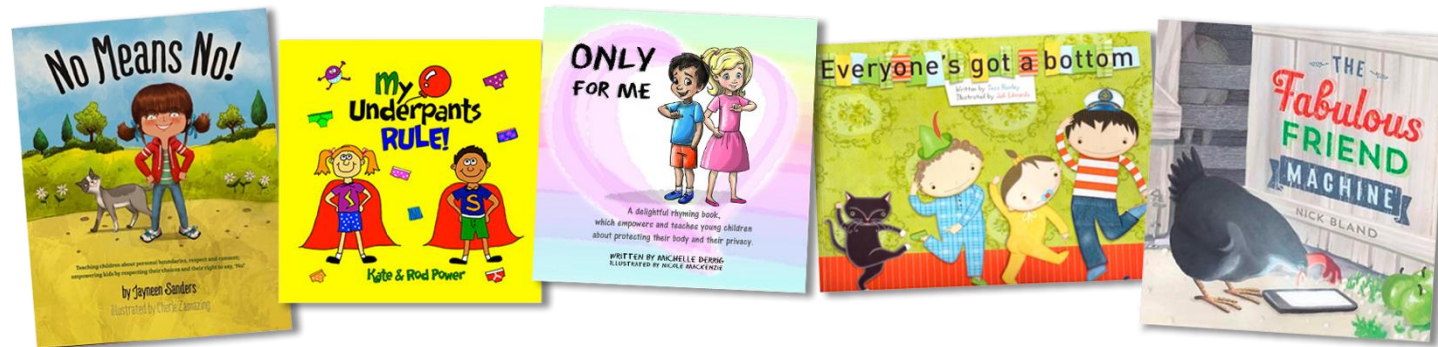


# Supporting the Goodstart Early Learning Feel Safe, Be Safe: Protective Strategies Kit

Educate, equip, empower and protect children with  
knowledge through stories!



“Reading with children provides an opportunity to teach vital life skills in a child friendly, fun, age and stage appropriate way. Reading books that are meaningful can have a lasting impact. Selecting books with teachable moments and content can assist you to discuss a wide range of topics, particularly those that are sometimes tricky and sensitive.”

- Kayelene Kerr eSafeKids Founder -

### Looking for resources to complement the Goodstart *Feel Safe, Be Safe: Protective Strategies Kit*? eSafeKids has you covered!

Our carefully curated books and resources align perfectly with Goodstart Early Learning’s approach and reinforce key learning areas.

Why choose eSafeKids resources?

- ✓ Aligned with the *Feel Safe, Be Safe: Protective Strategies Kit*
- ✓ Engaging and Age-appropriate
- ✓ Supports Educators and Parents/Caregivers to engage in meaningful conversations about Body Safety, Protective Behaviours and so much more!
- ✓ Your purchase contributes to eSafeKids Child Abuse Prevention advocacy

Let’s work together to keep kids safe, explore our recommended resources [here!](#)





# Feel Safe, Be Safe

## Protective Strategies Kit

### Resources

goodstart  
early  
learning

The recommended books and resources contained in this document are designed to accompany the free Goodstart *Feel Safe, Be Safe: Protective Strategies Kit*.

# Recommended Books & Resources

Aligned to the *Feel Safe, Be Safe: Protective Strategies* Learning Areas



<b>TOPIC 1</b> <b>Concepts of Safe &amp; Unsafe</b>	<b>TOPIC 2</b> <b>Body Awareness</b>	<b>TOPIC 3</b> <b>Boundaries &amp; Consent</b>	<b>TOPIC 4</b> <b>Emotions</b>	<b>TOPIC 5</b> <b>Identifying Early Warning Signs</b>
<ul style="list-style-type: none"> <li>• <a href="#">Everyone is Equal</a></li> <li>• <a href="#">Ten Little Aussies</a></li> <li>• <a href="#">The Big Book of Rights</a></li> <li>• <a href="#">The Right To Be Me</a></li> <li>• <a href="#">The ABCs of Children's Rights</a></li> <li>• <a href="#">Little Big Chat Book Bundle</a></li> <li>• <a href="#">Secrets &amp; Surprises</a></li> <li>• <a href="#">Secret or Surprise</a></li> <li>• <a href="#">My Tricky Eye Spy</a></li> <li>• <a href="#">Little Wallaby's Safe Place</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Private Parts are Private</a></li> <li>• <a href="#">Everyone's Got A Bottom</a></li> <li>• <a href="#">Only For Me</a></li> <li>• <a href="#">My Underpants Rule</a></li> <li>• <a href="#">My Body What I Say Goes</a></li> <li>• <a href="#">My Body What I Say Goes – Indigenous</a></li> <li>• <a href="#">My Body What I Say Goes – Disability</a></li> <li>• <a href="#">Yes! No! A First Conversation About Consent</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">My Body, My Rules</a></li> <li>• <a href="#">Boss Of Your Own Body</a></li> <li>• <a href="#">From My Head To My Toes, I Say What Goes</a></li> <li>• <a href="#">Don't Hug Doug (He Doesn't Like It)</a></li> <li>• <a href="#">Yes! No! A First Conversation About Consent</a></li> <li>• <a href="#">Don't Hug The Quokka</a></li> <li>• <a href="#">Consent</a></li> <li>• <a href="#">Let's Talk About Body Boundaries, Consent &amp; Respect</a></li> <li>• <a href="#">No Means No!</a></li> <li>• <a href="#">Respect Me! Respect My Boundaries</a></li> <li>• <a href="#">Don't Touch My Hair</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">I Feel The World</a></li> <li>• <a href="#">Why Do I (Sometimes) Worry</a></li> <li>• <a href="#">Ruby's Worry</a></li> <li>• <a href="#">How Big Are You Worries Little Bear</a></li> <li>• <a href="#">The Way I Feel</a></li> <li>• <a href="#">You, Me &amp; Empathy</a></li> <li>• <a href="#">My Zones of Feelings Flash Cards – Auslan Edition</a></li> <li>• <a href="#">My Zones of Feelings Flash Cards</a></li> <li>• <a href="#">My Calm Me Down Book</a></li> <li>• <a href="#">I'm Calm</a></li> <li>• <a href="#">The Very Cranky Bear</a></li> <li>• <a href="#">Cry Hard Chucky</a></li> </ul>	<p><b>TOPIC 4 Continued</b></p> <ul style="list-style-type: none"> <li>• <a href="#">Laugh Hard Chucky</a></li> <li>• <a href="#">Find Out About Feelings</a></li> <li>• <a href="#">My Feelings, My Rules</a></li> <li>• <a href="#">The Lemonade Hurricane</a></li> </ul> <p><b>TOPIC 5</b></p> <ul style="list-style-type: none"> <li>• <a href="#">My Early Warning Signs</a></li> <li>• <a href="#">Sam's Hats</a></li> <li>• <a href="#">Body Safety Red Flags</a></li> </ul>

# Recommended Books & Resources

Aligned to the *Feel Safe, Be Safe: Protective Strategies* Learning Areas



TOPIC 6 Creating a Safety Network	TOPIC 7 Persistence	TOPIC 8 eSafety & Digital Wellbeing	ADDITIONAL	ADDITIONAL
<ul style="list-style-type: none"> <li>• <a href="#">My Safety Network</a></li> <li>• <a href="#">Bub, You Can Tell Me</a></li> <li>• <a href="#">Your Head's Not the Place to Store Problems</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Persistence</a></li> <li>• <a href="#">A Nice Walk in the Jungle</a></li> <li>• <a href="#">I Always Try</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">The Fabulous Friend Machine</a></li> <li>• <a href="#">The Little Possum Who Looked Up</a></li> <li>• <a href="#">Chicken Clicking</a></li> <li>• <a href="#">My Device Rules</a></li> <li>• <a href="#">eSafeKids Posters</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Included</a></li> <li>• <a href="#">Who Am I, I Am Me</a></li> <li>• <a href="#">No Difference Between Us</a></li> <li>• <a href="#">Resilience</a></li> </ul>	<ul style="list-style-type: none"> <li>• <a href="#">Asserting a Culture of Child Safety</a></li> </ul>



You'll find a wide range of supporting resources in the [eSafeKids Members' Community](#).



Use coupon code **GoodstartFSBS** to receive a 10% discount.



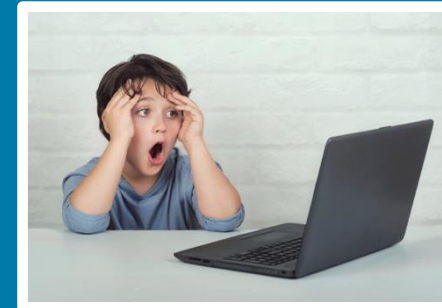
# eSafeKids Services



**Protective Behaviours  
& Body Safety**



**Cyber Safety &  
Digital Wellbeing**



**Talking About Children  
& Pornography**

Presented by Kayelene Kerr from eSafeKids, these evidence-based workshops are filled with up-to-date information, real world examples, practical strategies, conversation starters and child friendly resources to support you. eSafeKids training meets requirements for Australian Children's Education & Care Quality Authority National Quality Standard 2.2.3

[Request More Information](#)





***“Protecting children from harm is a shared responsibility. We can all play a role in the care, safety and protection of children.”***

Kayelene Kerr  
Dip(PublicSaf) AdvDip(PublicSaf) BA(Just)  
Child Safety Advocate & Founder eSafeKids

Kayelene Kerr is one of Australia’s leading specialists in body safety, online safety, digital wellbeing and pornography literacy education. As the founder of eSafeKids, Kayelene has been featured on Australian and international television broadcasts, radio programs and in print media.

Combining a Bachelor of Arts in Justice Studies (Law, Psychology & Criminology) with 28 years of experience in law enforcement and specialist education, she translates research into easy-to-understand information, enriched with practical examples and strategies.

Kayelene believes protecting children from harm is a shared responsibility. She empowers parents, carers, educators and other professionals with the knowledge and confidence to tackle challenging but essential conversations.

Kayelene has a warm and humorous presentation style and believes that when people know better, they can do better. Her work is free from scare tactics and fear mongering; she focuses on decreasing child safety risk factors and increasing protective factors.

Kayelene has travelled extensively as a sought-after keynote speaker and workshop facilitator. She has presented to international audiences and has delivered keynote addresses at a wide range of conferences. Kayelene has also presented to many primary and secondary school students, government and non-government departments, early childhood services and businesses.

Kayelene is an Ambassador for the Valuing Children Initiative and is endorsed by the Australian eSafety Commissioner as a Trusted eSafety Provider.

[Learn More](#)

[Testimonials](#)

**eSafeKids is Australia's one-stop-shop for child safety books and resources that support curriculum delivery, home education and meaningful conversation.**

Reading is a wonderful way to build connection and start conversations. Books that use simple explanations, questions, prompts and reminders accompanied by beautiful illustrations create opportunities for conversations to emerge beyond the words on the page. With over 60 books available, you're sure to find the perfect resource to support you!

### eSafeKids Services:

- Professional Development
- Parent/Carer Workshops
- Student Incursions
- Online Learning
- Books & Resources
- Free Members' Community
- Online Shop

